

It's Waiting For You...

Beginner
Friendly!

**AI Made Friendly:
Fear Fizzles,
Profits Sizzle!**

**Get Confident with AI
and Increase YOUR
Bottom Line Today!**

A DAB Coaching Production

The DAB AI Files: [AI Made Friendly](#)
Table of Contents

Table of Contents

Table of Contents i

Legal Notice ii

DISCLAIMER..... iii

Welcome! 1

Action #1.) Embrace Your Future: Confront Your Past4

 Step 1.) Reflect on Your Past 5

 Step 2.) Make Peace with that Past..... 7

 Step 3.) Grow Your Confidence. 9

Action #2 - Unravel the AI Enigma: Name Your Fear 10

 Step 1.) Visualize Your Fear 11

 Step 2.) Understand *Why* Your Fear Exists 13

 Step 3.) Consider Making Friends With Your Fear..... 17

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear 18

 Step 1.) Invite Your Fluffy in For A Chat! 19

 Step 2.) Together, Set YOUR Personal Goal for AI Success 24

 Step 3.) With Fluffy on Your Side, Go Forth! 26

What You’ve Just Learned 28

Your Next Steps..... 30

 Conclusion..... 31

About DAB Coaching, DennisAndBarb..... 32

Appendix 1: DAB Insiders 33

Appendix 2: DAB AI Library Discord..... 34

Remember... 35

The DAB AI Files: AI Made Friendly

Legal Notice

Legal Notice

Lingstar and its licensors retain all ownership rights to the system **THE DAB FILES: AI MADE FRIENDLY** (hencewards called “the System”) and software included offered by Lingstar. Use of the System and related software is governed by applicable copyright law.

All rights reserved. No part of this System may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system, without the written permission of the publisher Lingstar. Making unauthorized copies, adaptations, or compilation works, or including this material in lectures or seminars for profit is strictly prohibited and constitutes a punishable violation of the law.

Lingstar may revise this documentation from time to time without notice.

THIS SYSTEM IS PROVIDED “AS IS” WITHOUT WARRANTY OF ANY KIND. IN NO EVENT SHALL YOUR COMPANY NAME BE LIABLE FOR ANY LOSS OF PROFITS, LOSS OF BUSINESS, LOSS OF USE OR DATA, INTERRUPTION OF BUSINESS, OR FOR INDIRECT, SPECIAL, INCIDENTAL, OR CONSEQUENTIAL DAMAGES OF ANY KIND, ARISING FROM ANY ERROR IN THIS DOCUMENTATION.

The System and software are copyright © 1998-2035 Lingstar All rights reserved.

Lingstar, and the Lingstar corporate logo are trademarks of Lingstar. Other product or brand names are trademarks or registered trademarks of their respective holders.

The DAB Files: AI Made Friendly

Published by DABCoaching.com

<http://www.dabcoaching.com>

All Rights Reserved

DISCLAIMER



The views expressed in this document belong solely to the authors and do not necessarily reflect the official policy or position of any other agency, organization, employer or company.

DAB Coaching is not to be held responsible for misuse, reuse, recycled and copies of this content by others.

We are NOT financial advisors and we will NEVER tell you what you should buy.

We are NOT financial advisors, and nothing contained within this blueprint should be considered as "advice."

ALWAYS do your due diligence whenever considering any sort of financial/business actions.

The DAB AI Files: [AI Made Friendly](#)
Welcome!

Welcome!



Hey there!

We are Dennis and Barb from the magnificently named DennisAndBarb Coaching team, and we're going to show you how free yourself from the fear of actually *using* AI.

That's the ENTIRE premise of this power report!

And once you've lost your fear, you'll be able to take advantage of AI (truly take advantage) and begin beefing up your bottom line like nobody's business.

You might see Jane over here pocketing hundreds with her "AI magic," and Joe over there raking in thousands with his "AI wizardry." Meanwhile, you're left scratching your head, feeling like the prosperity train just passed you by.

So, are you ready for the unvarnished truth that many so-called gurus would rather you never find out? The real cornerstone of their stratospheric success?

Well, hold onto your socks and behold the answer:

They lie.

Ever hear the phrase "Fake it until you make it?" They have that concept down to a mighty fine art! Yep, just like those people who only post the highlight reels of their lives, these "experts" are showing you a curated, embellished version of their

The DAB AI Files: AI Made Friendly Welcome!

success at best, and flat-out lying at worst. 😞

Who even **knows** what **really** goes on after the video has been shot or the uniformed salesman drives away the rented Ferrari that was on the scene **solely to make people believe they have as much money** as they claim? It

Same things for those who claim to make beeyons and beeyons with AI.

It's all unprovable, after all. Put out a slick-enough ad with converting copy to die for and

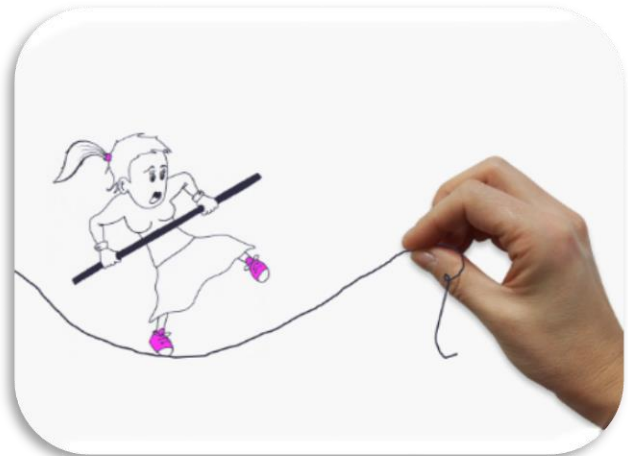
The orders just keep rolling on in!

It's no wonder that people think its as easy as falling off a cliff and grabbing hold of a money tree on the side to save themselves!

Let's hear from Barb about it all:

See, giving yourself permission to venture out into new technologies can be hugely scary and intimidating (especially if you failed bigtime before).

I discovered that first-hand when not only did I fail my Computer Science class in college, I failed so bad that I probably made my professors doubt their life choices and question why they ever became an educator in the first place.



Still, though, I did manage to break the Google Code in 2004 for Reasons (I could rank #1 for **any** keyword) . And I ended up as one of the top 100 affiliates for eBay (such a thing definitely provides a reason to improve!). And when ChatGPT first got released, DAB Coaching (me and my partner, Dennis Becker) were the FIRST to market concerning this incredible technology.

But there was one key point I forgot to truly hammer home back then in our “ChatGPT Made Mighty” Blueprint.. and that was understanding that **anyone** could

The DAB AI Files: AI Made Friendly Welcome!

learn ChatGPT or Midjourney or ... and see the increases of productivity and profits that I have.

Well, honestly.... I still think anyone CAN. BUT... there are some things that need to be understood, embraced, ... and then let *go* so your future can happen.

And here's how we're going to make it happen for you.

We are simply going to help you feel *secure* in actually trying. You won't have to worry about making embarrassing mistakes, or in asking dumb questions – because we firmly believe the dumbest question you can ask is the one you're afraid to ask.

Wasn't that simple? 😊

So in other words...

We are going to take you by the hand, help you make your fear your friend instead, and release you from the mental prison of "I can't do this" whenever such fears raise their heads.

The process for the above is methodical and mindful. You will learn the following action steps in order:

- **Action #1 - Free Your Mind:** Embrace Your Future by Confronting Your Past
- **Action #2 - Unravel the AI Enigma:** Name Your Fear
- **Action #3 - Embrace the AI Adventure:** Make Friends with Your Fear

And perhaps some other Coolio ideas as well. 😊

Ready for the adventure?

Alrighty, turn the page and begin with:



Action #1.) Embrace Your Future: Confront Your Past



Now, I know... this might seem like a very odd first step. Heck, you might be wondering why I'm NOT starting with how to make AI friendly right from the get-to!

And you would be totally correct in thinking that – “Free your mind” without a doubt does NOT sound like, “First go to ChatGPT (one of THE most popular and friendly AIs out there)”!

But here's the thing. Chances are, you have ALREADY visited ChatGPT and after making a mistake or two, decided you would never understand it completely so why bother trying more?

Or perhaps you've seen some of those highlight reels that other marketers publish that imply Making Money with AI is easier than winning Solitaire with a card deck of just 1 card. And totally in the mood to join with these Winning Masters of Marketing (otherwise known as W M Squared or WMM), maybe you've shelled out more than a pretty penny; why, the amount could resemble a Gorgeous Golden Penny of Runway Perfection!

But did you learn it to the point of how to *make* it easy? Most likely, nope.

Why do you think this might be? An excellent question! It requires you to:

Step 1.) Reflect on Your Past



Let's take a moment to reflect on just what is preventing you from benefiting from AI as you deserve, shall we?

A rather large possibility could be that something in your **past** is negatively affecting your ability to learn new technologies **today**. I mean, we all have those rather scary dragon demons from when we were growing up – they could be:

- **You were told how “hard” things could be** so you shouldn't get your hopes up and not even attempt something new. (remember back in 1992, [Barbie lamented “math is tough”](#)? Ken never said that, you know). Interestingly enough, the division of “boys toys” and “girls toys” in early childhood can set up [different types of failure](#) before kids ever get to school.
- **You had helicopter parents.** ‘nuff said. 😞 (but if the term is new for you, it means parents who protected kids from every possible failure they might encounter so it would not ‘hurt their esteem.’ [Participation trophies](#), anyone)? This resulted in kids (who became adults perhaps like you or other folk you know) who simply cannot face the idea of trying because what if you fail? These kind of adults were never allowed the excellent lessons that failure could bring (and how one could even be proud, even if they failed, because they knew they did the very best they possibly could).

The DAB AI Files: AI Made Friendly
Action #1.) Embrace Your Future: Confront Your Past
Step 1.) Reflect on Your Past

- **You are newTech-phobic.** Some people would much prefer they could return to the good 'ole days before the Gutenberg Printing Press.... And still carry around their Nokia phone from the late 1700s. AI is very much “new technology” for a vast number of people ... and *because* of its newness, they have a mental barrier about testing it out right from the get-go.
- **You were ridiculed in the past when trying to learn.** I still recall my 6th-grade teacher showcasing all my spelling mistakes from an assignment on his blackboard. *Never!* do I want to experience anything like that again... and it's been several centuries since that happened.



There are many other reasons why you might be afraid of learning AI – you might fear you'll look like a dum dum if you don't grasp it within 2 minutes and 48 seconds, none of your jobs ever required you learning new technology and more.

So of course, the next question becomes:

How can you convince these mental dragons of those times to release their hold upon you? The answer is simple; the execution of it might not be quite that easy. You:



The DAB AI Files: **AI Made Friendly**
Action #1.) Embrace Your Future: Confront Your Past
Step 2.) Make Peace with that Past

Step 2.) Make Peace with that Past



Your past is made up of so many interactions, you know

- **Directly with people** – those who would belittle you
- **Indirectly with people** – parents who might have gotten divorced. Being hit by a criminal speeding down the road. The collateral damage from a natural disaster
- **Wrong choices** – zigging when you should have zagged
- **Inability to pick up on other skills** – ever attend ever office hour, take 2 books' worth of practice questions, and *still* fail a course? That definitely can stunt your growth in proactively learning new skills.

Etc.etc.etc.

But here's the thing about the past.

It's *over*.

It's etched in quick-drying cement and *nothing* can change that past.

The DAB AI Files: [AI Made Friendly](#)
Action #1.) Embrace Your Future: Confront Your Past
Step 2.) Make Peace with that Past

However, you **can** use that past to springboard to your future!

That's so critical, let me repeat it once more:

*However, you ***can*** use that past to
springboard to your future!*

See, the **you** of today is NOT the you of your past.

The years you've experienced since then have taught you so many things more! And you might have achieved truly grand success as an adult that might never have been capable of doing in your past...

... possibly because you chose to excel in other ways that didn't trigger your past memories to swarm about you with all the rabid joy of hungry piranhas.

Saying this, however is one thing. Actually internalizing it requires true courage on your part. And that brings us to the suggestion to:



Step 3.) Grow Your Confidence.



So... how can you grow what doesn't even exist right now?

Sure, there are tried-and-true ways like:

- **Fake It 'Til You Make It:** Sounds cliché, but it's a classic for a reason. Pretend you're the most confident person in the room, and soon enough, you'll start to feel it for real (but will you really?)
- **Set Achievable Goals:** Start small and build up. Each success will fuel your confidence fire. 🐾 (that's definitely true).
- **Surround Yourself with Positivity:** Find friends, family, or even furry pets that will lift you up and make you feel like a rockstar.
- **Talk to Yourself (Nicely!):** A little self-pep talk never hurt anyone. Tell yourself you're awesome, because guess what? You are!
- **Embrace Failure:** It's not the end of the world; it's a learning opportunity. So you fell flat on your face? Get up, dust off, and keep going; DAB calls that "Failing Forward."

And all that jazz. However, saying that is one thing, and actually DOING that?

Step 1.) Visualize Your Fear

Have you ever tried imagining your fear as a physical entity?

Hang on here – that’s a very logical question!

The best way to defeat fear is to shine a light on it and truly **understand** what your fear **really** is... and then take steps to turn that fear into your friend.

Here’s how I love doing this.

I will always imagine my fears to be (wait for it) a dragon. A honkin’ **huge** dragon, no less... behold!



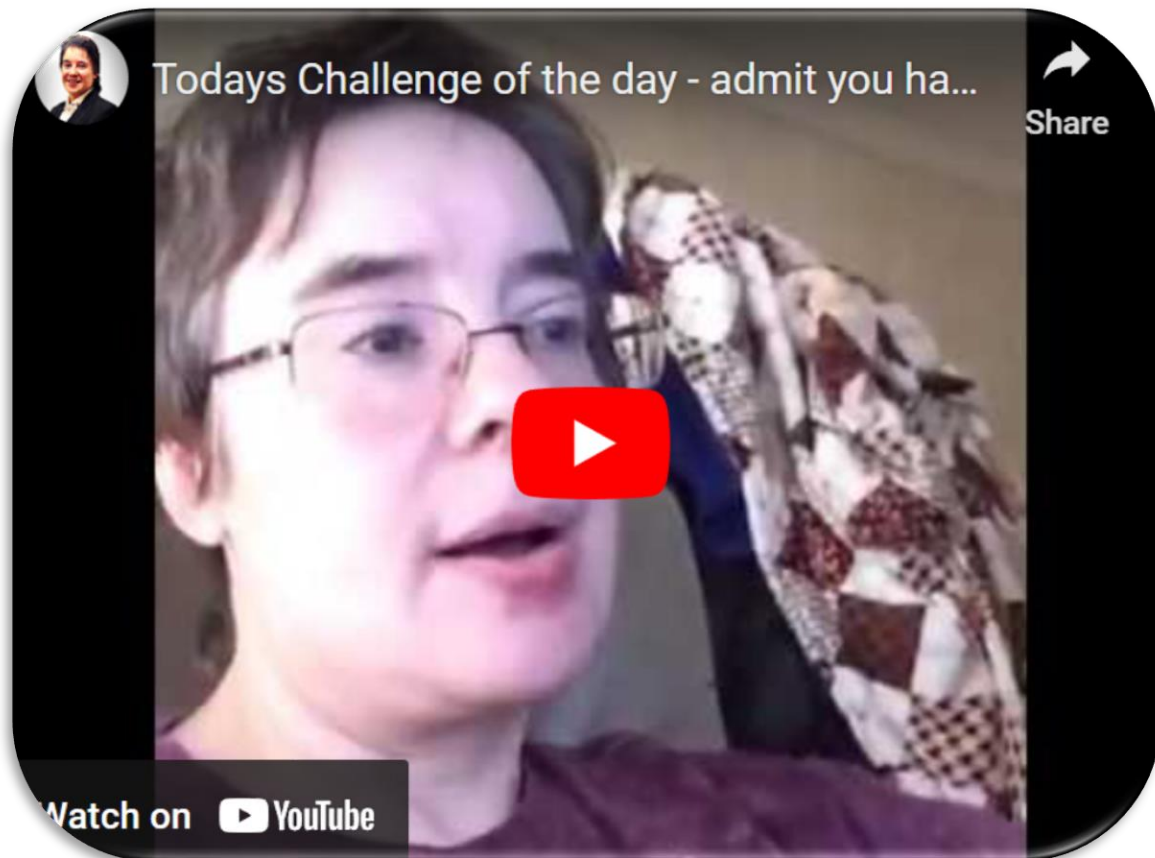
And to truly scare the heck out of me, I’ll give that dragon the most ferocious name possible. There is only 1 choice for his name! And that is....

The DAB AI Files: [AI Made Friendly](#)
Action #2 - Unravel the AI Enigma: Name Your Fear
Step 1.) Visualize Your Fear

Fluffy!

I mean, look at him! Is that not the ultimate picture of a dragon named Fluffy? 😊

I even made a video about him, looooong ago:



(you can click on the image above, or just visit <https://virtual-coach.com/thoughts/day-4-of-the-self-confidence-challenge-i-have-fears-and-thats-okay/9841/> instead).

Yes! Fluffy the wonder fear dragon. I've turned him and several other Fear Dragons into Friend Dragons instead.

Wouldn't that be great for you too? What if you could truly *talk* with your fear... and understand just why *your* version of Fluffy (aka your fear) even exists?

'course it would be! So that's why we move now to:

Step 2.) Understand *Why* Your Fear Exists



My gosh, there are **so many reasons why your fear of AI might exist!**

It could be a lack of technical knowhow....

Or the straight inability to comprehend how to start with ChatGPT!

Remember how I began this blueprint for you:

"...I discovered that first-hand when not only did I fail my Computer Science class in college, I failed so bad that I probably made my professors doubt their life choices and question why they ever became an educator in the first place."

Regarding **that** particularly glorious failure was truly stunning. I went to every office hour. Did all the problems (this was for complex variables). Started going to **other** professors office hours. Did all the problems in a second book!

And after all of that studying/attempting to understand complex variables....

I failed the final of that class.

The DAB AI Files: AI Made Friendly
Action #2 - Unravel the AI Enigma: Name Your Fear
Step 2.) Understand Why Your Fear Exists

And let me tell you, that failure was one of the greatest moments of my life (although I will admit *then*, it most certainly was NOT)!

Why?

Because it showed me that for some particular things, I simply *cannot* learn them. No matter how much effort and how much studying I did...

... I just could NOT grok the material.

The best lesson I learned from that experience, however, was that so long as I could honestly say I did the very best I could regarding any class or effort or creating power blueprints for using ChatGPT...

It's *ok* that I cannot internalize it. I simply cannot! So *if* I ever needed the complex variables skill... I know I could ask amongst my friends for assistance and continue the forward motion.

So why is this relevant?

Well, I've met with people who simply could not grok ChatGPT ('grok', by the way, means 'understand'. I *could* use other words, but 'grok' really projects "*not comprehending not matter how much I bash my head against a brick wall*") .

And *anyone* who cannot add ChatGPT results to their business... well, they're losing out bigtime.



The DAB AI Files: **AI Made Friendly**
Action #2 - Unravel the AI Enigma: Name Your Fear

So! Think about your AI fear. Which AI is it? ChatGPT? MidJourney? Whatever AI Video software is popular these days?

Keep in mind that bowing to Fluffy's demands (how have you decided to view your fear? A dragon? A unicorn? A flying spaghetti monster? An eagle? A Vulcan? Betazoid? An empty coffeecup)?

And what have you named your Fear? Remember, "Fluffy" is simply my own way of naming my fears. You could potentially use:



- [airy](#)
- [buoyant](#)
- [cobwebby](#)
- [cumulous](#)
- [dainty](#)
- [delicate](#)
- [diaphanous](#)
- [downy](#)
- [ethereal](#)
- [feathery](#)
- [flimsy](#)
- [gauzelike](#)
- [gauzy](#)
- [gossamer](#)
- [gossamery](#)
- [insubstantial](#)
- [light](#)
- [lighter-than-air](#)
- [lightweight](#)
- [pillowy](#)
- [rarefied](#)
- [tender](#)
- [unsubstantial](#)
- [vaporous](#)
- [weightless](#)
- [wispy](#)

Or, you could consider power descriptors for a name:

- [agility](#)
- [alertness](#)
- [ballgame](#)
- [alacrity](#)
- [animation](#)
- [big idea](#)

The DAB AI Files: AI Made Friendly
Action #2 - Unravel the AI Enigma: Name Your Fear

- [bit](#)
- [business](#)
- [bustle](#)
- [commotion](#)
- [dash](#)
- [deal](#)
- [energy](#)
- [enterprise](#)
- [flurry](#)
- [force](#)
- [functioning](#)
- [game](#)
- [happening](#)
- [hoopla](#)
- [hopper](#)
- [in the works](#)
- [industry](#)
- [life](#)
- [liveliness](#)
- [motion](#)
- [movement](#)
- [occupation](#)
- [operation](#)
- [plan](#)
- [power](#)
- [process](#)
- [proposition](#)
- [racket](#)
- [reaction](#)
- [response](#)
- [rush](#)
- [scene](#)
- [spirit](#)
- [stir](#)
- [stunt](#)
- [turmoil](#)
- [vigor](#)
- [vim](#)
- [vitality](#)
- [vivacity](#)

It's all up to *you*. It's a very personalized decision, remember – you *want* to view your fear as having a physical body. You want to name your fear something that either is a silly name like “Fluffy the Wonder Fear Dragon,” or a dangerous name like “Fang the Ferocious Sabre Toothed Tiger,” or a power name like “Avenger, the Unbeatable Wall Street Bull” etc.etc.etc.

And once you have done *that*, you're then in the position to:

Step 3.) Consider Making Friends With Your Fear



Making friends with your fear?

What a preposterous idea!

But remember – the only way you can defeat your fear is to either make friends with it, or simply...

Tell it *no*. “No. You will NOT hinder my exploration of AI.”

Something like:



If the link on the image isn't working, check it out at <https://youtube.com/watch?v=8FJi4bToYJA>.

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear
Step 3.) Consider Making Friends With Your Fear

I'm just learning *how* to tell other fears NO, but in the meanwhile, turning "Fluffy the Wonder Fear Dragon" into "Fluffy the Wonder Friend Dragon" is my usual go-to method. **But how *can* you make friends with something that has scared you for so long?**

You give yourself permission to muster up your courage and:

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear



Ah, embracing the AI Adventure.

At this point, you simply cannot. Your fear of AI stands in your way! 😞

Not good!

That's quite the shame, given all the increased help AI could give you in generating great content faster and bringing your achievements to market.

So. It's time to think of your favorite beverage (like, say, coffee!) and:

Step 1.) Invite Your Fluffy in For A Chat!



Yep indeed! First, actually **visualize** your Fear (again, I'm using a Fear Dragon simply because that is what I am most used to).

Got that? In your mind, you are staring at your Fear Dragon.

Next, visualize your favorite settings for serious talks, a place that is extremely comforting to you.

It could be at a mental coffeehouse.

Or you might envision the ultimate of a man's cave or woman's cave!

It doesn't matter **what setting you choose – you want to ensure you are inviting your fear onto **your** turf.**

Not your fear's turf... **yours**. That way you have the "home field" advantage so to say... everything that follows will happen in **your** secure favorite serious-chatting place.

Once you have envisioned both your fear AND your setting, proactively invite your Fluffy in for a cup of your favorite beverage, and then ask Fluffy:

"Why are you holding me back from learning AI?"

Of course, what you're **really** doing here is simply being honest with yourself.

You're truly addressing just **why you are afraid of incorporating ChatGPT or MidJourney or any AI into your work tasks.**

And when you choose to be honest with yourself, you might gather that some reasons your fear exists...

... are reasons you'd never consider on your own.

See, I view my Fluffy as someone who really wants to help out and be my friend, but has absolutely zero social skills.

That's so important, let's repeat it one more time:

See, I view my Fluffy as someone who really wants to help out and be my friend, but has absolutely zero social skills.

So Fluffy decides to simply make you super-scared so you won't run a chance of getting hurt.

Can you imagine that?

Can you give yourself permission to think of your fear as your friend... **your friend who is just plain bad at social interactions** like:

- **Avenger, the Unbeatable Wall Street Fear Bull**, would insist that bringing a flowchart to a dinner party (one that explained, no less, in extremely painful detail) how to have a casual conversation?
- So bad that **Fluffy the Fear Dragon's** idea small talk involves discussing the molecular structure of a cheese sandwich?
- So bad that **Fang the Ferocious Sabre Toothed Fear Tiger** would give a pep talk to a potted plant and wait for a response?

Think about it all for a moment.

It's weird sometimes, isn't it.... How fears can follow you through life and you just

The DAB AI Files: **AI Made Friendly**

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear Step 1.) Invite Your Fluffy in For A Chat!

never realize how something in your past might connect to another thing in your past until today, <boom!> **you simply find yourself afraid of AI.**

Speaking of connecting the dots of your life:

*Steve Jobs gave an Awesome Commencement Address at Stanford, which I believe resonates with simply *everyone*.*

2005 that was... you truly must either read it, or watch it at



If the link on the image isn't working, the video can be found at <https://www.youtube.com/watch?v=UF8uR6Z6KLc> .

Let's take a moment now and see where we are.

You've just chosen to invite your own particular Fluffy the Wonder Fear Dragon in your safest environments, and now realize that your fear exists because of something that happened to you in your past.

That's so important, let's repeat it for safe-keeping:

The DAB AI Files: AI Made Friendly
Action #3 - Embrace the AI Adventure: Make Friends with Your Fear
Step 1.) Invite Your Fluffy in For A Chat!

You've just chosen to invite your own particular Fluffy the Wonder Fear Dragon in your safest environments, and now realize that your fear exists because of something that happened to you in your past.

Now, here's is where you come to your critical crossroads regarding your fear of AI!

You've had the convo with your fear entities, and *know* that because of absolutely zero social skills on their part, they simply ensure you couldn't get hurt by even trying out AI.

But here's the thing about the past...

The Past is impossible to change. It's been etched into your soul and spirit like quick-drying cement. Again, it is impossible to change your past.

And *your* Fear Dragons know that!

So.

While it might be impossible to change your past, you *can* use it as a springboard to *your* future.

Think about that now for an instant.

Can *you* give yourself permission to honor whatever it was in your past that created *your* AI Fear?

Not only that, but could you then give yourself permission to let that past go?

That's so important, let me repeat it:



Action #3 - Embrace the AI Adventure: Make Friends with Your Fear
Step 1.) Invite Your Fluffy in For A Chat!

*Can *you* give yourself permission to honor whatever it was in your past that created *your* AI Fear?*

Not only that, but could you then give yourself permission to let that past go?

I'll tell you, I certainly know *exactly* how hard that can be. For example, one of my parents, a most complex individual indeed, had quite the vengeful streak – hurt this person once and 80 years could pass and this person would *still* remember it and choose *not* to see if within 80 years, that individual might have actually changed for the better.

Dwelling on the past, staying focused on how much you were wronged... well, that's 'way easier and more comforting than trying out a whole new skill like AI!

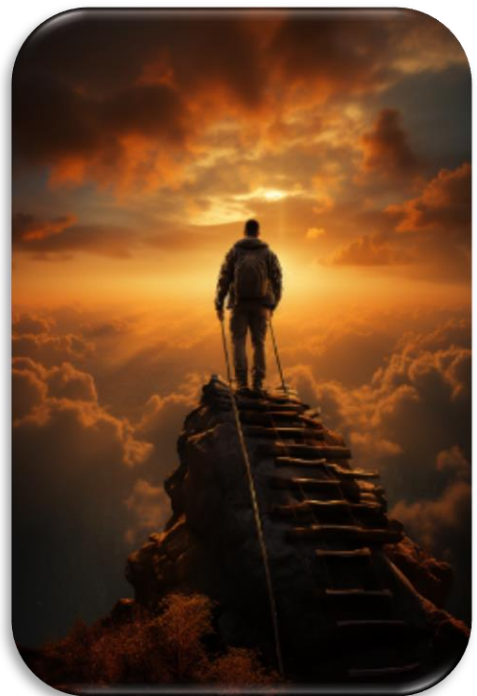
But remember – every day you give into that fear, you're losing potential income.

Income you *need* to survive, create a retirement fund, and ensure you can live life on *your* terms.

Thus, by giving yourself permission to *honor* the past and then *let go* of said past... **you're letting the ghosts that used to control you ... float away.**

And in their place is your very special personal Fluffy the Wonder Fear Dragon... who now chooses to become your friend because ***you*** have demonstrated you are now ready to move forward, begin the process of healing...

... and getting ready to tackle all the future AI issues with your own Friend Dragon instead of something that is actively holding you back from learning and growing.



Action #3 - Embrace the AI Adventure: Make Friends with Your Fear
Step 2.) Together, Set YOUR Personal Goal for AI Success

Other resources to help you let go of the past and move towards the future include:

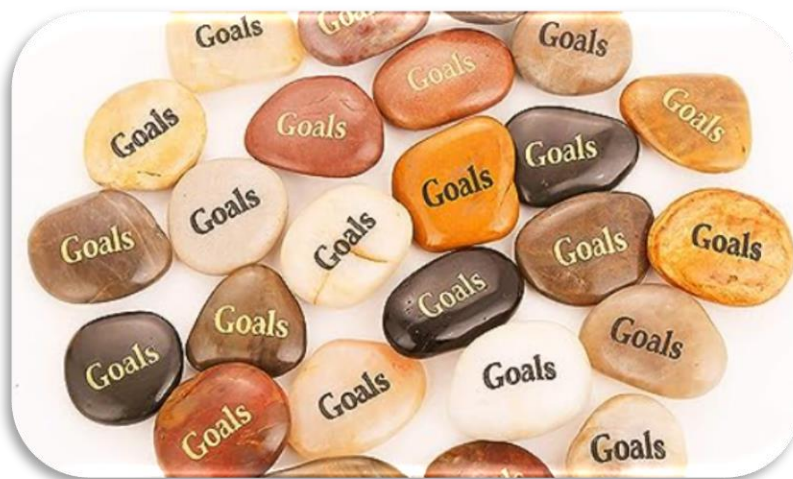
- [10 Life-Changing Facts to Heal the Pain of the Past](#)
- [11 Steps To Let Go Of The Past & Actually Move Forward](#)
- [9 Tips on How to Let Go of the Past and Move One](#)
- [How to Let Go of Past Hurts: 8 Ways to Move On](#)

Good stuff so far!

Let's see... so far, you've given your fear a physical form and a name, and also gave yourself permission to *really* get down to just why you are afraid to learn or use AI. You've turned your Fear into your Friend.

What could possibly be next? So glad you asked! Move now to:

Step 2.) Together, Set YOUR Personal Goal for AI Success



Now that you have set the stage to go forth and learn all about AI, you really should give yourself some *goals* to achieve first.

And these goals, at the beginning, should be relatively easy to achieve.

The DAB AI Files: AI Made Friendly

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear Step 2.) Together, Set YOUR Personal Goal for AI Success

For example, you might have a personal life goal to create:

- [Your own exercise plan](#)
- [Your own social media content sharing plan](#)
- [Targeted niche content for your blog](#)
- [Create cool MidJourney prompts for your content](#)

Have you thought about using THAT as a way to dip your toe into what ChatGPT offers? And that brings me to one of the MOST important things you need to remember!

Whatever your goals are, remember to keep it *simple!*

Remember...

This is the **very first time** you've given yourself permission to actually try and *embrace* AI and learn what makes it tick.

Most importantly, this time in your adventures will lead to you discovering just what aspects of what AI will help you best speed up your production of whatever and getting it to market faster than before!

Remember, Money Likes Speed.

And giving yourself permission to learn how AI can help speed you to profits fast...

... Well, that's a supremely Good Thing Indeed!

Thus, invest in some neon sticky notes, write that phrase, Money Likes Speed, on a dozen or so of them, and then stick those neon notes to:

- Your computer



The DAB AI Files: **AI Made Friendly**

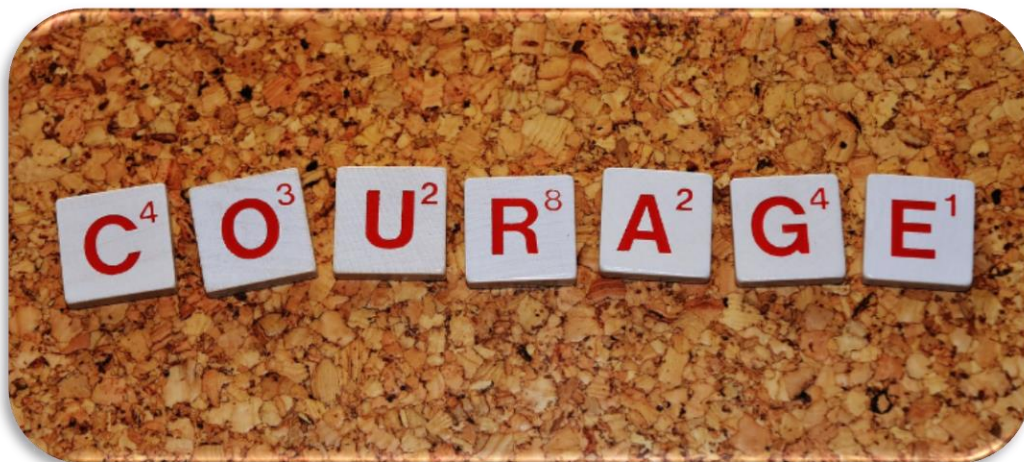
Action #3 - Embrace the AI Adventure: Make Friends with Your Fear Step 3.) With Fluffy on Your Side, Go Forth!

- Your computer screen
- Your bathroom mirror
- On your refrigerator
- Over your coffee machine
- On slumbering children

Basically... on any non-moving surfaces you can find to stick a reminder to you that... **Money Likes Speed!**

Got that down? Alrighty then, hold your breath, summon your courage and...

Step 3.) With Fluffy on Your Side, Go Forth!



Oooo what I said! Yes! Now it's time to

- Put the pedal to the metal (I hope I'm not dating myself)
- Puttin' the hammer down! (I so hope I'm not dating myself)
- Hit Warp Speed! (Now that is definitely NOT from *only* my generation...)

The DAB AI Files: AI Made Friendly

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear Step 3.) With Fluffy on Your Side, Go Forth!

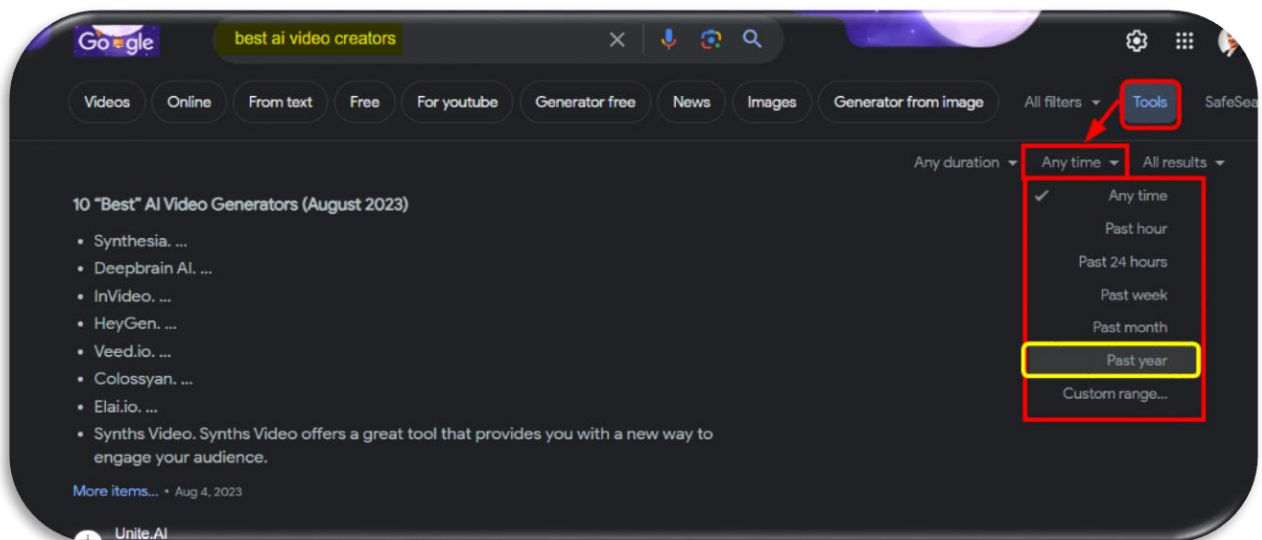
- Hit It! (gotta love Captain Pike's "thing" to go *into* warp speed. 🤪)

In other words, it's time to see you building up your profits, aye?

There are many, many AI tools and AI resources that can help speed you along to profits. What you need to do now is search on Google for the BEST AI tools for whatever your needs are (Text, Art, Videos, Audio, etc.) and see what is returned.

Remember, AI by itself will not make you money – it will only speed you towards your future profits by greatly shortening the time required to achieve whatever your money-making needs are.

So! To do that, it helps if we ensure the Google search results are within the past year or so. Thus, visit Google and then select Tools → Any time → Past year like so and select Results from the Past Year:



This way, you will be assured that all responses returned have been updated within the past year.

And some searches could be:

- <https://www.google.com/search?q=best+ai+video+creators&tbs=qdr:y>
- <https://www.google.com/search?q=best+ai+art+creators&tbs=qdr:y>

The DAB AI Files: **AI Made Friendly**
What You've Just Learned
Step 3.) With Fluffy on Your Side, Go Forth!

- <https://www.google.com/search?q=best+ai+sales+page+creators&tbs=qdr:y>
- <https://www.google.com/search?q=best+free+ai+art+creators&tbs=qdr:y>

And by doing that, you can figure out the best AI tools to use for your needs, and speed up your future profits today.

Your profitable AI future is waiting for you... make it grand.

Woot!

What You've Just Learned



What a Tremendous Amount of Goodness you've discovered!

You've just learned the following:

Action #1.) Embrace Your Future: Confront Your Past

- Step 1.) Reflect
- Step 2.) Make Peace with the Past

The DAB AI Files: AI Made Friendly What You've Just Learned

- Step 3.) Grow Your Confidence.

Action #2 - Unravel the AI Enigma: Name Your Fear

- Step 1.) Visualize Your Fear
- Step 2.) Understand Why Your Fear Exists
- Step 3.) Consider Making Friends With Your Fear

Action #3 - Embrace the AI Adventure: Make Friends with Your Fear

- Step 1.) Invite Your Fluffy in For A Chat!
- Step 2.) Together, Set YOUR Personal Goal for AI Success
- Step 3.) With Fluffy on Your Side, Go Forth!

But you're **still** not done just quite yet – move now to:



Your Next Steps



Your next steps are to **DO!**

Review this blueprint once more. Take the time to make *friends with your fear. And once that is done, give yourself permission to decide what you'd like to learn more about regarding AI.

- Would you like to learn more about [AI Video Tools](#)?
- How about [AI Copywriting Tools](#)?
- [AI Business Tools](#)?

Whatever it is, you have now gained for yourself the very best gift imaginable...

You are now *capable* of truly finding how how AI can best help you profit in the future.

Go forth

... and make greatness happen today. **You've got this!**



Conclusion

This concludes the AI Made Friendly report.

Hope you enjoyed it grand!

And don't forget to network with us at:



<https://www.facebook.com/groups/theiminsidetrack>



<https://www.facebook.com/groups/perkingupprofits>

We'd love to hear from you!

About DAB Coaching, DennisAndBarb

Just who ARE these modern legends on whom the movie “Hobbs And Shaw” patterned? Well! Let’s begin with Dennis the Dignified:



**Dennis
Becker**

Dennis Becker

Dennis has been online since he started his first eBay business in 1998, and in 2002 started my first Internet marketing business. But 2005 was the year things actually ‘clicked’ for me and he set up multiple streams of income by focusing on repeatable, sustainable business methods and strategies. He’s still doing that today and earn six figures a year from his online business.

He’s written over 50 books, set up numerous membership sites, and now devote most of his time helping others do what didn’t come so easily to me in the beginning.

And Barb the Caffeinated? Behold!



**Barb
Ling**

Barb Ling

Barb has been supporting her family via the Internet since 1998. Her first product was the only 5-Star recommended resource by Inc. Magazine. She is the author of over 100 ebooks and specializes turning ‘complicated’ into ‘simple’. She also excels in being more creative than MacGyver on a Good Day. 😊

Between us, we’ve authored 100s of books and courses, supported our families for over 25 years each doing what we now teach, and combined to form one of the top group coaching programs for those looking how to profit online.

And if you’re wondering what other goodies we might have, mosey on over to:

Appendix 1: DAB Insiders

Greatest Goldmine Of "Shortcut Knowledge" Ever Crammed Into One Easy-To-Navigate Members Area...

"Watch This Quietly Insightful "Menace" (Whose Name Just Happens To Rhyme With "Dennis") And His Zany Caffeinated Partner Expose The Good, The OMG WOW!, The Bad, The EEEEEK On Their 6-Figure Businesses!"

Access Cutting-Edge Insights And Ideas, Including "Arm-Twisted Benefits From Friends" Exclusive To Those On The Inside

Hello. I'm Dennis (the menace) Becker, and along with my brilliant partner Barb Ling, we've been around these parts for quite a while, actually since the last century, so we've seen good times and bad times multiple times.

While I'm mainly known perhaps for publishing well over 50 eBooks, starting with "5 Bucks a Day" in 2006, which is why I'm universally known as "the 5 Bucks Guy" but I'm actually more passionate about creating and building membership sites and communities.



**Barb
Ling**



**Dennis
Becker**

You truly have to see it to comprehend the insane value offered at such a loooow price....

<https://askblings.com/dabi>

Appendix 2: DAB AI Library Discord



FACT: AI is known for changing faster than a spelling error gets corrected on the Internet.

THE PROBLEM: How on EARTH can you keep up with every new development shown on Twitter and YouTube and Reddit and Facebook and ...?

THE SOLUTION: The DAB AI Library Discord Server, of course.

Hop into the DAB AI Library Discord – your express lane to the freshest AI updates tailored just for you! 🚀 📖

ChatGPT Prompts? We got those! AI Video Marketing Breakthroughs? Walk this way! Want to master AI Art? So do we so we have bunches of those as well!

Craving the scoop on topics that are still off the radar? Easy peasy! **Shoot us a message, and within 48 hours, bam! Your fresh topic will be stocked with the latest from Reddit, Twitter, YouTube, and more.** Stay ahead of the game and make your colleagues wonder how you do it—all for a price that's a total steal.

[Click HERE to check it out today!](#)

Remember...

Money
Likes Speed.
So get UP to Speed...
Starting Today!

